



IN PARTNERSHIP
WITH
PRESENTS



Parents Progressing With Life

Parents Progressing with Life (PPWL) is a free parenting skills training series provided by Progressive Life Center (Philadelphia) to enhance and improve parenting skills and relationships. We take a creative approach in teaching positive parenting techniques and practicing them daily.

Curriculum:

Parents Progressing with Life
Parenting Styles
NTU
Bank and Flac Method
My Cultural Portrait and Ways to Increase Spirituality
Choices: Smoking and My Child's Health
Choices: Families and Alcohol Usage
Choices: Dating, Love and Rejection
Children's Brain Development
The Importance of Parent/Child Touch
Developing Empathy
The Importance of Parent/Child Touch and Understanding and Expressing Anger

For information & registration, please call:

Brenda Bowens - ICJ

215-525-0460 x419

Audrey Ray - Parenting Instructor

267-257-3987

Sponsored by:

PROGRESSIVE LIFE CENTER, INC.

1341 N. Delaware Avenue, Ste. 501

Philadelphia, PA 19125

Dr. Rosalind Lee, Regional Director



Class Schedule via Conference Call

3/4/2021 – 5/20/2021

12-week commitment

Thursdays

11am – 12pm

Parents will enjoy:

Pop-up Attendance Raffles, Graduation Completion Certificate & Gift Card upon Completion of Course (12 sessions)

**DHS Approved Program*

Call-in information will be provided at registration.