

**IN PARTNERSHIP
WITH**



PRESENTS

Parents Progressing With Life



A Program of Philadelphia FIGHT

Parents Progressing with Life (PPWL) is a free parenting program provided by Progressive Life Center, Inc. (PLC) in Philadelphia to empower parents. We take a creative look at positive parenting techniques and teach parents ways to apply these lessons to their daily lives.

We welcome parents, grandparents, aunts, uncles, teen parents, foster parents, & any other family members caring for children!

Curriculum:

Parents Progressing with life

Parenting Styles

NTU

Bank and Flac Method

My cultural portrait and Ways to Increase Spirituality

Choices: Families and Alcohol Usage

Choices: Smoking and My Child's Health

Choices: Dating, Love and Rejection

Children's Brain Development

The Importance of parent/Child Touch

Developing Empathy

The Importance of Parent/Child Touch and Understanding and Expressing Anger



To Register Contact:

Institute for Community Justice
215-525-0460
Audrey Ray—Parenting Instructor
267-257-3987

Class Starts:

4/6/22 thru 6/30/2022

Class Location:

ZOOM

**Zoom link
information**

will be provided at registration